

Medical Disclaimer of Liability

Vishi Sethi Bindra is not a physician or a licensed Specialist. She is a Holistic Health Coach in the field of Functional Medicine Nutrition and Ayurveda; and a certified member of the American Association of Drugless Practitioners (AADP) and American Association of Natural Wellness Coaches (AANWC). This website (Gut-Brain healing by Vishi) is not an attempt to practice medicine or provide specific medical advice, and it should not be used to make a diagnosis or to replace/overrule a qualified health care provider's judgment. Users should not rely upon this website for emergency medical treatment.

The ideas discussed on this website or during health consultation ARE NOT MEDICAL TREATMENTS and are not intended to be a substitute for professional medical advice, diagnosis or treatment. Her Coaching Service is not directed at identifying, treating, or preventing specific diseases and should not be used in place of the work you do with your licensed medical professional to diagnose or treat a condition. Practitioners are prohibited by law from diagnosing or treating disease.

Health Consultation provided during coaching is aimed at helping you attain your own health and wellness goals through implementing incremental, positive, healthy, and sustainable lifestyle changes that help you live and thrive. The practice focuses on prevention of illness using Natural Healing Modalities and emphasizes maintaining the harmony of body-mind-spirit

through diet, lifestyle, natural herbs and stress management techniques.

In Holistic Medicine the emphasis is not on disease but on maintaining the balance of the individual's constitutional nature. Therefore, Health Wellness Plans are never one size fits all, rather custom tailored for everyone. During your consultation you may receive recommendations in the following areas:

- Constitutional Wellness
- Diet and Lifestyle Counseling
- Exercise/Yoga/Pranayama
- Herbal Supplements
- Ayurvedic Remedies

Any mention of drugs or medication during consultation is only for the purpose of providing a complete history of drugs that the client is taking, not for Vishi Sethi Bindra to judge the appropriateness of the medication. Any change in prescription or dosage is a decision that client makes with his or her physician.

Please consult your doctor for a personalized medical advice or before starting any new program. Always seek the advice of a physician or other qualified healthcare provider with any questions regarding a medical condition. Never disregard or delay seeking professional medical advice or treatment because of something you have read on this website.

Functional Medicine and Ayurveda is alternative or complementary to conventional medicine. We recommend that you inform your medical doctor that you are receiving this holistic treatment.

By reading and signing below, I acknowledge that I understand that Vishi Sethi Bindra is a Holistic Health Coach and not a physician, and that I should see a doctor if I think I have a medical condition. Vishi Sethi Bindra will not be held liable for failure to diagnose or treat an illness, nor will she/he be liable for failure to prevent future illness. In addition, I have given Vishi Sethi Bindra a complete and accurate account of any medical conditions that I may have and any medications that I am taking.

I agree that no oral representations, statements, or inducements apart from what is stated in this Agreement have been made. I have carefully read this document and fully understand its contents. **I am aware that this is a release of liability and a contract between me and Gut-Brain Healing By Vishi, and I sign it of my own free will.**

This disclaimer is being signed by me in my complete senses and under no pressure or coercion. I have agreed to do these sessions at my sole responsibility and not under anyone's influence. I understand that I am fully responsible for my physical, mental and emotional well-being during and after this session, for all times to come, including my choices and decisions. Any information presented in the session is not meant to replace any psychological, legal, medical, or other professional services or advice. My health - mental, emotional and physical is my sole responsibility for all times to come.

Vishi Sethi Bindra

www.gutbrainhealing.net